



Lohmann & Rauscher

ExoStrong™

Off-the-shelf flat knit compression garments.



ExoStrong™

Affordable alternative to custom garments.

ExoStrong™ is a full line of off-the-shelf flat knit gradient compression garments for the maintenance of lymphoedema or oedema during the day or periods of high activity.

For lymphoedema patients, flat knit garments are one of the primary self-care options. Where circular knit migrates into the skin folds, flat knit helps shape the limb and provides the high containment needed to maintain reductions made in therapy.

ExoStrong is a fraction of the price of custom flat knits — allowing patients to choose the right daytime garment at an affordable price.



Made in the USA

High-quality flat knit, manufactured at our headquarters in Milwaukee, Wisconsin.



Off-the-Shelf

Cost-effective, full range of compression garments, available in a wide variety of sizes.



Supports mobility

High containment garment in a comfortable and functional design.



Quick and easy fitting

Only 2–5 measurements are needed to select size for each style.



Easy garment care

Machine washable and dryable to maintain fit for the life of the garment.



Service guarantee

Guaranteed to be free of material and manufacturing defects for the six-month life of the garment.

ExoStrong™

Upper Extremity garments

No
Seams
Gauntlet
& Glove



ExoStrong™ Gauntlet

sold individually

Compression	20–30 mmHg	
Color	<input checked="" type="checkbox"/> BEIGE	<input type="checkbox"/> BLACK
Size	Circumference	
	B°	C°
Small	17–19	15–17
Medium	19–21	17–19
Large	22–24	20–22
X-Large	25–27	23–25

ExoStrong™ Glove

sold individually

Compression	20–30 mmHg	
Color	<input checked="" type="checkbox"/> BEIGE	<input type="checkbox"/> BLACK
Finger length	<input checked="" type="checkbox"/> QUARTER	<input type="checkbox"/> HALF <input type="checkbox"/> FULL
Size	Circumference	
	B°	C°
Small	17–19	15–17
Medium	19–21	17–19
Large	22–24	20–22
X-Large	25–27	23–25

ExoStrong™ Arm Sleeve

sold individually

Compression	20–30 mmHg			
Color	<input checked="" type="checkbox"/> BEIGE	<input type="checkbox"/> BLACK		
Length	<input checked="" type="checkbox"/> SHORT	<input type="checkbox"/> AVERAGE	<input type="checkbox"/> TALL	
Top Style	<input checked="" type="checkbox"/> KNIT	<input type="checkbox"/> SILICONE		
Size	Length	Circumference		
	CG ¹	C°	E°	G°
Small				
Short	up to 43	15–17	24–27	27–30
Average	up to 46			
Tall	up to 49			
Medium				
Short	up to 43	17–19	27–31	31–35
Average	up to 46			
Tall	up to 49			
Large				
Short	up to 43	20–22	31–35	35–40
Average	up to 46			
Tall	up to 49			
X-Large				
Short	up to 43	23–25	36–41	40–45
Average	up to 46			
Tall	up to 49			

All measurements in centimeters.

ExoStrong™

Lower Extremity garments



ExoStrong™ Below Knee

sold individually

Compression	20–30 mmHg	
Color	<input type="radio"/> BEIGE	<input type="radio"/> BLACK
Length	<input type="checkbox"/> SHORT	<input type="checkbox"/> AVERAGE <input type="checkbox"/> TALL
Top Style	<input type="checkbox"/> KNIT	<input type="checkbox"/> SILICONE
Toe Style	<input type="radio"/> OPEN	

Size	Length		Circumference	
	AY ^L	YD ^L	B ^C	C ^C
Small				
Short	up to 17	up to 38	18–20	27–36
Average	up to 19	up to 41		
Tall	up to 22	up to 44		
Medium				
Short	up to 17	up to 38	20–24	29–39
Average	up to 19	up to 41		
Tall	up to 22	up to 44		
Large				
Short	up to 17	up to 38	24–28	32–43
Average	up to 19	up to 41		
Tall	up to 22	up to 44		
X-Large				
Short	up to 17	up to 38	28–31	33–45
Average	up to 19	up to 41		
Tall	up to 22	up to 44		
XX-Large				
Short	up to 17	up to 38	32–34	37–50
Average	up to 19	up to 41		
Tall	up to 22	up to 44		

ExoStrong™ Thigh High

sold individually

Compression	20–30 mmHg	
Color	<input type="radio"/> BEIGE	<input type="radio"/> BLACK
Length	<input type="checkbox"/> SHORT	<input type="checkbox"/> AVERAGE <input type="checkbox"/> TALL
Top Style	<input type="checkbox"/> SILICONE	
Toe Style	<input type="radio"/> OPEN	

Size	Length		Circumference		
	AY ^L	YG ^L	B ^C	C ^C	G ^C
Small					
Short	up to 17	up to 71	18–20	27–36	41–55
Average	up to 19	up to 74			
Tall	up to 22	up to 77			
Medium					
Short	up to 17	up to 71	20–24	29–39	45–61
Average	up to 19	up to 74			
Tall	up to 22	up to 77			
Large					
Short	up to 17	up to 71	24–28	32–43	50–66
Average	up to 19	up to 74			
Tall	up to 22	up to 77			
X-Large					
Short	up to 17	up to 71	28–31	33–45	56–71
Average	up to 19	up to 74			
Tall	up to 22	up to 77			
XX-Large					
Short	up to 17	up to 71	32–34	37–50	66–81
Average	up to 19	up to 74			
Tall	up to 22	up to 77			

ExoStrong™

Off-the-shelf flat knit compression garments.

Indications

- Mild to severe lymphoedema
- Oedema

Intended Uses

- Helps maintain reduced volume and shape by supporting extremities
- Management of mild to severe lymphoedema
- Management of mild to severe oedema (non-blood related)

Contraindications

- Arterial insufficiency/degeneration or ABPI < 0.8
- Moderate to severe peripheral arterial disease
- Untreated congestive heart failure
- Untreated/systemic infection (i.e. cellulitis)
- Allergies or sensitivities to materials

Precautions

- Impaired sensation (peripheral neuropathy)
- Cognitive impairment

Care Instructions

Washing

- Machine wash warm on permanent press
- Do not use bleach
- Do not dry clean

Drying

- Tumble dry low
- Do not iron



Material Content

Nylon (polyamide), lyocell, spandex (elastane), silicone*
*ExoStrong garments with Silicone Top only.

Not made with natural rubber latex.

For all queries relating to Exo products as well as ReadyWrap, SwellSpots, Caresia or TributeNight please contact:

Medical Accessories of Australia

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