



# VENOSAN® flat knit

# Measuring Instructions - Lower Extremity

## NOTE:

- All measurements in cm
- **c** = circumference, **I** = length
- Unless specified, all length measurements should be longitudinal and should not follow body contours

## Leg Measurements

#### Measuring points B-D can be done with patient sitting or lying. Above E to be measured with patient standing.

- IG Two fingers/4cm below Gluteal Fold to ground for length
- cF Mid Thigh for circumference
- IF Mid Thigh to ground for length
- **c**E Top of kneecap for circumference to avoid being tight at knee pit area
- IE Middle of Kneecap to ground for length
- cD Two fingers/4cm below Popliteal Fossa for circumference
- ID Two fingers/4cm below Popliteal Fossa to ground for length
- cC Widest part of Calf for circumference
- IC Widest part of Calf to ground for length
- cB1 Where Calf starts for circumference - approximately 6-8cm above point B
- IB1 Where Calf starts to ground for length
- cB Smallest part of the ankle, above Malleolus for circumference
- IB Smallest part of the ankle, above Malleolus to ground for length
- cY Around Instep and Heel with foot dorsiflexed for circumference

# **Foot Measurements**

- cA Around base of toes for circumference.Always in standing position, weight bearing.
- IA Horizontal finish: Back of heel to base of toes for desired length

#### Oblique finish:

- IA medial From the back of the heel to the base of large toe IA lateral From the back of the heel to the base of small toe
- IZ Closed Toe: Back of heel to tip of longest toe (Total length of foot)

# Panty Section Measurements

#### Ask patient to put their hands on their waistline

- cT Waist circumference
- IT Waist to ground for length
- cH Largest circumference around the hips or stomach

#### Measure the following length along contours of body

- IGT Waist to 5cm/three fingers below Gluteal Fold
- IK<sup>1</sup>T Front length from centre of waist (T) to 5cm above Gluteal Fold applying gentle pressure
- IK<sup>2</sup>T Length at the back from the waist (T) over the buttocks to the Gluteal Fold while applying gentle pressure and following contours

# Options

Silicone band: Helps keep garment in place.

**Elastic band:** makes top edge more firm. Does not prevent garment from slipping down. No length adjustments required for silicone or elastic bands.

**T-Heel:** can prevent rubbing or a crease indentation on the anterior ankle. Standard option in VENOSAN Strong garments.

Oblique G: Garment is finished on an angle.

**Ankle inserts:** silicone ankle inserts can be requested. No additional measurements needed.

Curved knee: Knee area knitted in a bent position.

**Stocking in 2 parts:** No additional measurements needed. The overlap will provide no additional pressure. Overlap is 7cm in length, if you do not state otherwise.

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