

LOWER LIMB CUSTOM MADE GARMENTS

Why measure for a custom made Garment?

If measurements do not fit within any standard garment range, or if there are special requirements

Remeasure patient for custom made: **USE** special custom made order form provided, all measurements are needed length & circumference for style requested, place measurements in boxes.

When to take measurements?

Measurements should always be taken first thing in the morning or after leg has been rested to ensure oedema is at its lowest level and a better fitting garment is made.

For patients being bandaged: measurements should be stable (for 2-3 days) before measuring for custom made garments and limb bandaged until garment can be fitted.

MOST IMPORTANT: Use a non-permanent marker when measuring limb

CIRCUMFERENCE: Mark the leg where each circumference measurement is being taken

LENGTH: Measure from floor, follow each circumference mark on leg for style chosen.

Make sure circumference and lengths are taken at the same point

All boxes circumference & length, left and right need to be filled in for style required

Circumference:

(cA) Is taken around the metatarsal heads. This point is found at base of little toe.	(cC) Is the largest circumference of the calf.
(cY) Is taken with the foot at a 90° angle, the circumference measurement is taken with a 45 degree angle through the heel and across the instep.	(cD) Is the smallest circumference, below knee (if wider than calf) consider stay up silicon top
(cB) Is the point of greatest compression and therefore the most important measurement, taken at smallest point above ankle bone.	(cE) Is taken mid-patella.
(cB1) Where the Achilles tendon meets the calf muscle (found by flexing calf muscle).	(cF) Is taken at approximately mid thigh.
	(cG) Is taken approximately 4cm below groin area, for thigh length.
	(cH) Is taken at largest circumference of hip.
	(cT) Is measured at waist above the hip bone

Length: Follow circumference marks up the leg depending on the style required.

Below knee AD: measure to 3cm below patella

Thigh high AGH : measure to 4cm below groin

Thigh with waistband AGG: continue measuring up to the waist

Pantyhose AT: (for large patients) measure front groin to waist & back gluteal fold to waist

